



1 MILE DASH

20 DECEMBER 2025

REGISTER NOW
beirutmaraton.org



1 Mile Dash

Blink or you will miss it

Dear Running Community,

Introducing the newest addition to our running calendar: **The 1-Mile Dash**

Fast, vibrant, and community-driven event designed to bring you together for one powerful mile along the beautiful Beirut Waterfront.

Set for 20 December 2025, this race is full of high-energy experience with wave starts, precise chip timing, and a chance to test your speed in a fun and welcoming atmosphere.

Limited to just 600 runners, it's the perfect opportunity to close the year strong, chase a personal best, and share the spirit of running with friends, family, and the wider community.

This **1-mile Dash Race** is made for everyone. Fast, festive, and unforgettable.

Let's set new records together.

BEIRUT MARATHON TEAM

RACE INFORMATION

Race	Registration Fee	Comments	Start Time	Age Limit
1 Mile (1.6 KM)	\$15 USD / runner	Registration Fee Includes (Race Registration, BIB & Tag, Medal, LAF Fee, Timing Certificate, Electronic Timing)	07 AM	8yrs +

Registration Period:

Opens 29 November 2025, closes 15 December 2025

HOT LINE NUMBER

Our team is always ready to assist you with any enquiries or any technical difficulties while registering, please do contact us for help on the below;

Mobile / WhatsApp: 70 898 151 (Monday to Friday, Between 9 AM till 5PM)

Email: registration@beirutmarathon.org

BIB PICK UP

Dates: 17–19 December 2025

Location: Beirut Marathon Offices

Time: 9:00 AM – 5:00 PM

Important Notes:

- No bibs will be distributed on race day.
- You may pick up for another runner with proper authorization.



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FINISH
START

Click to start route

1 MILE MAP

RACE FORMAT

Wave Starts

- The race will start in waves of 30 runners each.
- Waves are assigned based on estimated finish time entered during registration.
- Runners must start in their assigned wave to ensure accurate timing.

Timing

- This is a chip-timed race.
- Each runner's BIB contains a timing chip that activates when crossing the start line.
- Final results are based on individual finish times, regardless of the wave.

COURSE INFORMATION

- The race takes place inside the Beirut Waterfront area.
- The route is completely closed to traffic and secured by event marshals.
- A water station will be available at the finish area.

AWARDS & RECOGNITION

Overall Winners

- Top 1st, 2nd, 3rd man and Top 1st, 2nd, 3rd woman (based on finish time after all waves).
- Podium presentation after all participants have finished.
- Trophies

Finisher Medals

- All runners receive a medal at the finish line.

RACE DAY SCHEDULE

6:30 AM

Runner arrival & warm-up

6:45 AM

Wave assembly begins

7:00 AM

First wave starts

7:00–7:45 AM

Continuous wave starts (30 runners per wave)

8:00 AM

Awards ceremony (approx.)

SAFETY & RULES

- Follow all instructions from marshals and volunteers.
- Always wear your BIB visibly on your chest.
- Do not switch waves or BIBs with another runner.
- Children under 8 will not be admitted in the race even if registered
- If you feel unwell, withdraw immediately and inform staff.

Rules and Regulations

The Organizer reserves the right to modify or substitute any of these rules and regulations of the event from time to time as they deem fit. If there is ambiguity in any of the provisions, the Organizer shall be the authority to interpret and in doing so, the Organizer will take into account the interests of all the affected participants.

Any updates on the rules and regulations of the event will be notified on the official website, www.beirutmarathon.org & social media platforms, and it is the responsibility of the affected participant to keep abreast with any changes.

For any enquiry regarding registration or any type of results/awards, kindly email us on **registration@beirutmarathon.org** or call us on **70-898151**

Registration Condition

- Once registration has been duly processed, there will be no fee refund for participants who do not eventually participate in the event, do not retrieve their BIB Numbers on time or in case of cancelation.
- Switching of BIBs between runners is not allowed once the registration has been paid and finalized.
- Switching names is not allowed once the registration has been paid and finalized.

Rules and Regulations

- The race is open to all Nationalities.
- Nobody can run the course without official registration & a BIB Number.
- Bicycles, in-line skates, prams, push carts, shoes with built-in or attached rollers and any other wheel-run objects are not allowed on the course other than official race and medical vehicles. If you are caught with any of these, you will be directed off the route.
- Pets are forbidden on the course.
- Any bibs changing between two runners disqualify both runners.
- Taking shortcuts is totally forbidden and is subject to a direct disqualification.
- Any pacing done by a person on a moving vehicle (car, motorcycle, bike, and rollers) is a disqualifying violation and especially when it comes from agents or coaches.
- A runner pushing or conveying any other runner is a disqualifying violation.
- Riding any vehicle even for a brief moment is also a disqualifying violation.
- Deliberately obstructing or interfering with other competitors is a disqualifying violation.
- The Organizer reserves the right to amend the Event race routes as they deem fit for the safety of the Participants and/or to prevent any potential hazards in the running of the Event, at any time without prior notice to the Participant. In such cases, every effort will be made to inform the Participant prior to the date of the Event. The Organizer shall not be held liable for any loss or inconvenience caused due to such changes.

Rules and Regulations

- The form on the reverse side of the participant's running bib must be completed in full and accurately.
- Participants must wear the assigned bib on his/her chest. Participants who do not display bib numbers will be taken off the course by security officers/officials and immediately disqualified.
- A participant must retire from the race immediately, if required to do so by any member of the official medical staff, Race Director, Referee, and/or security officer.
- The Organizer reserves the right to cancel the race without prior notice to the Participants.
- Any participant who commences to run before the actual flag-off of his/her registered race category will be immediately disqualified.
- Participants must be 8 years or older as of event day to participate in the 1 mile race.
- Disputes and appeals regarding the results must be submitted in writing including electronic mail (registration@beirutmarathon.org)

Award Rules & Regulations

- Only runners, who are awarded an official time by crossing the Finish Line wearing their registered timing tag, will be entitled trophies or official certificates. In addition, all winners must have a recorded time at each of the timing checkpoints along the course.
- No tag, No Time, No Trophy.
- Registered runners will only be entitled to trophies & medals.
- Winners of the overall categories will be based on their respective CHIP TIME
- In the event of an athlete failing the dope test, he/she will not be eligible for awards or an official time and will be disqualified from the race. Such athletes may also be reported to the Lebanese Athletic Federation and/or the WAF.

Code of Ethics

- Always be respectful of the environment you are using during the event. Do not litter the streets with plastic bottles, and always keep the space you use clean
- Political slogans or discussion are purely forbidden
- Armed weapons are NOT ALLOWED around or inside the race areas or during the race
- Always be cheerful and respectful to all participants, officials, organizers and volunteers
- Please respect the volunteers who are there to assist you and adhere to the instructions they give you
- Please wear proper attire before, during and after the race (no nudity), kindly wear your sports attire at all times.

ELITE RUNNERS

CATEGORY



MEN

Sub 5.30 minutes / 1 mile

WOMEN

Sub 6.10 minutes / 1 mile

To be eligible for an ELITE BIB and Position, you must meet the above finish time criteria

Elite runners criteria are typically used to designate specific qualification standards and benefits for professional and highly competitive runners. While specific criteria may vary among different events & its rules and regulations:

- **Time Qualification:** Elite runners are required to meet strict time standards set by the organizers. These time standards are often significantly faster than the general qualifying times and vary depending on the event.
- **Proof of Performance:** Elite runners must provide recent race results (between 2024 and 2025) to demonstrate their competitive ability and consistency at the specified elite level. These results are reviewed by race organizers to ensure eligibility.
- **Invitations and Entries:** Elite runners are provided with guaranteed entry, Elite Area Access.
- **Separate Start and Support:** Elite runners will start at the front of the race to ensure a clear path and optimal conditions.

It's important to note that the specific criteria and benefits for elite runners can vary from race to race.



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